



Managing Our Time: Improving Presence & Productivity

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CLASS LIMITED TO 197

Fees:

Non-Members:
\$25.00

Consortium Members:
No Fee

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June 11, 2021

12:00pm - 1:10pm

Webinar

Description:

Time management is a struggle for all as staff attempt to do more. In this 1-hour webinar, the participant will get tips and resources to aid them to effectively manage their time in healthcare.

Speaker:

Kristy Brittain, PharmD, BCPS, CDCES
Associate Professor, MUSC College of Pharmacy
Clinical Pharmacy and Outcome Sciences
Clinical Pharmacy Specialist, Medical University of South Carolina
Director, PGY-1 Community-Based Pharmacy Residency

Learning Objectives:

At the completion of this activity, the pharmacist or pharmacy technician will be able to:

1. Analyze your daily schedule
2. Identify opportunities in all models, including focus, task, social, connection and recharge
3. Set a goal to build margin to your daily schedule
4. Create a self-care habit goal
5. Share resources with the collective group

Continuing Education Credit:



The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This application-based activity is accredited for 1.0 live contact hours (0.10 CEU) for pharmacists and pharmacy technicians, ACPE UAN 0062-9999-21-061-L04-P/T.

To claim credit, participants must sign-in/register and participate in the entire activity, engaging in all active learning activities and completing all required learning assessments. No partial credit will be issued. Participants must complete an online evaluation at <http://cop.sc.learningexpressce.com> within 30 days (providing their correct NABP e-Profile ID and month/day of birth) in order to ensure credit is reported to the NABP CPE Monitor. Detailed instructions will be provided after participating in the activity. The CPE Monitor will automatically reject all credit claimed and reported greater than 60 days from the date of participation. Visit our website to contact us with any questions.

Please note that this activity was originally delivered on 3/27/21 and 5/8/21 in Walterboro, SC (2021 Update for Pharmacy Technicians hosted by Lowcountry AHEC), on 4/24/21 virtually (2021 Pharmacy Technician Update hosted by Mid-Carolina AHEC), and on 4/29/21 virtually (Webinar for Pharmacy Technicians hosted by Spartanburg Regional Healthcare System Corporate Education. Pharmacy technicians who participated in this activity through one of these prior offerings and have had CE credit for ACPE UAN 0062-9999-21-061-L04-T transmitted to their CPE Monitor cannot claim duplicate credit for this activity.

Nursing: This nursing continuing education activity awards 1.1 contact hours upon successful completion.

Lowcountry AHEC is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Respiratory Therapists: This program is approved for 1.1 hours of continuing education. Lowcountry AHEC is an approved provider of continuing education for Respiratory Care Practitioners by the SC Board of Medical Examiners.

Social Workers: This program is approved for a total of 1.1 non social work contact hours. The South Carolina AHEC system is an approved provider of continuing education by the South Carolina Board of Social Work Examiners.

Counselors and Therapists: This program is approved for 1.1 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists.

All Participants: This program provides 1.1 clock hours (0.11 CEUs) by Lowcountry AHEC and meets SC AHEC Continuing Education Best Practice Standards.