

Please Note: The Piedmont Club Dress Code

Men: Gentlemen are required to wear a jacket at all times in all areas of the club. Ties are suggested, but not required.

Women: Suit (including business pantsuit), dress or blazer with skirt or tailored slacks, tailored pants with a blouse or sweater.

Prohibited: T-Shirts, sweatshirts, or other shirt without Collar, athletic attire, tennis shoes, shorts, jeans (regardless of value), denim jackets, untucked shirts and baseball caps.

**11th Annual Health Odyssey:
A Symposium on Healthcare Issues**

- **Opioid Epidemic**
- **Marijuana, Psilocybin** • **Food as Medicine**
- **Advance Care Planning**
- **Exercise Considerations**



Thursday, March 19, 2020
7:30 a.m. – 4:00 p.m.

Registration: 7:30 a.m.
Program: 7:55 a.m.

The Piedmont Club
361 E. Main St.
Spartanburg, South Carolina 29302

Joint-Providershship with



College of Pharmacy

University of South Carolina
College of Pharmacy

PROGRAM DESCRIPTION

This one-day program will focus on various health issues related to everyday living. Topics to be discussed are: Opioid Epidemic, Marijuana, Psilocybin, Advance Care Planning, Food as Medicine and Exercise Considerations.

The goal of this program is to provide nurses, nurse practitioners, pharmacists, long term care administrators and other interested healthcare professionals with updated healthcare information and to assist them in providing quality care to their clients.

LEARNING OUTCOMES/OBJECTIVES

At the end of the conference, the participant will be able to:

- Discuss the state of the opioid epidemic, including how far we've come and how far we've yet to go
- Discuss the pharmacological benefits of healthy eating
- Recognize the benefits of Advance Care Planning consistent with health status
- Discuss updates related to marijuana and psilocybin
- Present basic guidelines for cardiovascular and general health

AGENDA (schedule is subject to change)

7:30am	Registration, Coffee	
7:55	Welcome, Introduction	
8:00	Where are We Now? The State of the Opioid Epidemic	Christopher Lombardozi, MD, FACEP, VP & CMO
9:15	Break, Networking	
9:30	Pushing Produce Before Pills: Taking a Closer look at Food as Medicine	Kerri Stewart, RD, LD
10:45	Changing the Culture of Advance Care Planning	Garrett Snipes, MD
12n	Lunch (Provided)	
1:00pm	I. Medical Marijuana Update 2020: Clarifying the Chaos II. The Use of Entheogens in Mental Health: The Psilocybin Era Begins	Otis Baughman III, MD, CPE, FAAFP
2:00	Break, Networking, Exhibits	
2:15	(cont.) Updates on Marijuana, Psilocybin	Otis Baughman III, MD, CPE, FAAFP
3:00	Exercise Considerations for Medical Management	Amanda McCallister, MS, CCEP, CCRP
4:15	Wrap-up, Evaluation	
4:45	Adjourn	

TARGET AUDIENCE Nurses, Nurse Practitioners, Pharmacists, LTC Administrators, Rehab Personnel, Respiratory Therapists and Other Interested Healthcare Personnel

CONTINUING EDUCATION CREDIT

You must attend 90% of each of the educational sessions in order to receive CE credit. **INSTRUCTIONS** to complete the On-line Program Evaluation and to obtain the CE Certificate will be distributed at the conclusion of the program. No partial credit will be awarded.

Nurses: This educational activity has been awarded **7.0** contact hours.

SRHS Corporate Education is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Pharmacy Accreditation



The University of South Carolina College of Pharmacy (USC COP) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program has been accredited for **6.75 live contact hours** for pharmacists, ACPE UAN 0062-9999-20-026-L01-P. In order to claim credit, participants are required to sign in, attend the entire program, and complete an online evaluation. *This is a knowledge-based learning activity.*

LTC Administrators: This program has been approved for **7.0** hours of continuing education program by the Board of Long-Term Healthcare Administrators. Approval Code **# 2019098.**

Others: This program provides **7.0** hours of continuing education.

SPEAKERS

Otis Baughman III, MD, CPE, FAAFP
Retired Physician

Spartanburg Regional Healthcare System

Christopher Lombardozzi, MD, FACEP Vice President, Chief Medical Officer	Garrett Snipes, MD Medical Director Hospice & Home Health
Kerri Lindberg-Stewart, RD, LD Dietitian Joe R. Utley Heart Resource Center	Amanda McCallister, MS, CCEP, CCRP Exercise Specialist Heart Wellness program

The speakers and planning committee have declared no conflict of interest. CE approval does not imply endorsement of any other product.

LOCATION & DIRECTIONS

The Piedmont Club
361 E. Main St.
Spartanburg, SC 29302

From Greenville on I-85, Take I-85N toward exit 48A. Keep right to I-85 BUS N. Take exit 5A for I-585S/US 176S/Pine St., toward downtown. Slight right onto I-585S/US 176E/N Pine St., continue to follow US 176E/N Pine St. Turn right onto E. Main St. The Piedmont Club will be on the left, immediately after First Presbyterian church.

From Charlotte on I-85S toward Gastonia. Keep right to continue I85 BUS S, follow signs for I 85/Spartanburg Freeway Loop. Take exit 5A for _ 585 BUS S/US 176E/N. Pine ST. – follow above directions

From I – 26 (Asheville or Columbia) Take I-85 BUS N – follow above directions.

REGISTRATION INFORMATION

Fee includes refreshments, lunch, on-line handout materials and certificate of attendance. No refunds but substitutions are accepted and encouraged.

REGISTRATION FEES

- ___ \$85.00 Others
- ___ \$75.00 SRHS associates
- ___ \$100.00 **RPh, NP for SRHS associates (for ACPE Credit)**
- ___ \$110.00 **RPh, NP for non SRHS associates (For ACPE credit)**
- ___ \$60.00 Retired Nurses and FT Undergraduate Student (with ID)
- ___ \$25.00 Additional fee after March 12, 2020

On-line Registration: www.spartanburgregional.com/CEEvents

On-line Registration is closed after March 12, 2020.

Deadline for registration is **March 12, 2020.**

No confirmation will be sent but you may contact Angie Cothran at (864) 560-6282 or email: ascothran@srhs.com to confirm your registration. SRHS reserves the right to cancel this workshop if necessary. If we cancel, the full registration fee will be refunded.

ADA

SRHS is committed to comply with the Americans with Disabilities Act. For special needs, please call 864 560- 6282 by March 12. Please bring a sweater or a jacket for additional comfort.

You may receive future SRHS CE event information per your contact information provided.

Speakers' Slides (when available) will be posted on a share file website a week before the event. Please provide clear e-mail address on the registration form.



Corporate Education

11th Annual Health Odyssey
March 19, 2020

On-line Registration

Right click on the website

www.spartanburgregional.com/CEEvents
then

- **click on Events**
- **click on Healthcare Continuing Education**
- **and SEARCH for**

11th Annual Health Odyssey
March 19, 2020

On-line registration is closed after March 12.

Cancellation No refunds but substitutions are accepted.
Registration confirmation is sent by e-mail from the website.

ADDITIONAL INFORMATION

Registration/Directions:

Angie Cothran: 864 560-6282, ascothran@srhs.com
Toya Hancock: 864 560-7005, tlhancock@srhs.com

Program/Contents:

Nelda M. Hope, nhope@srhs.com

NOTE: We cannot accept registrations without payment or guarantee of payment.