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**Conference for  
Pharmacy Technicians**

Presenter

**Kristy L. Brittain, PharmD, BCPS, CDE**  
Associate Professor & Clinical Pharmacy Specialist  
Medical University of South Carolina  
Charleston, South Carolina



**Thursday, March 7, 2019**

**AM Session: 7:30am – 12:30pm**  
and/or

**PM Session: 1:00pm – 6:00pm**

Registration: 7:30am and 1:00pm

Program starts promptly at: 7:55am and 1:25pm

**Heart Center Auditorium**  
Spartanburg Medical Center  
101 East Wood St.  
Spartanburg, South Carolina 29303

Joint Providership with



**University of South Carolina**  
College of Pharmacy

**Note: You have the option to attend one session: AM or PM for  
4.0 contact hours or attend a full day for 8.0 contact hours.  
Lunch is provided for those attending both sessions.**



Spartanburg Regional Health Services District  
Corporate Education  
P. O. Box 4848  
Spartanburg, SC 29305-4848

**Conference for Pharmacy Technicians**  
**Thursday, March 7, 2019**

**AM session: 7:30 am – 12:30pm**

Registration starts at 7:30am  
Program starts promptly at 7:55am

**PM Session: 1:00pm – 6:00pm**

Registration starts at 1:00pm  
Program starts promptly at 1:25pm

**PROGRAM DESCRIPTION & TARGET AUDIENCE**

The goal of this program is to provide pharmacy technicians, regardless of their practice setting, with the basic knowledge and tools to assist them in providing quality care to their clients and to update their knowledge and skill sets.

**LOCATION**

Heart Center Auditorium  
Spartanburg Medical Center  
101 East Wood St.  
Spartanburg, SC 29303

**DIRECTIONS**

From Greenville on I-85, take exit 69 to business 85. Then take Exit 5-A (I-585/Pine St.) toward downtown Spartanburg. Go approximately 2 miles to first stoplight. Turn right onto McCravy Drive. Go a short distance to next stoplight. Turn right onto Wood St. Go up the hill. Spartanburg Medical Center is on the left and the parking garage is on the right. Take the walkway on the 3<sup>rd</sup> floor of the parking garage to the hospital. Stop by the lobby information desk and ask for directions to the Heart Center Auditorium

From Charlotte on I-85, take exit 77 to Business 85. Then take exit 5-A (I-585 / Pine St.) and follow above directions.

From I – 26 (east from Asheville or west from Columbia), take exit 19B to Business 85 going north. Then take exit 5-A (I-585 / Pine St) and follow above directions.

**REGISTRATION INFORMATION**

Fee includes refreshments and handout materials. Lunch is provided for those attending both sessions.

No refunds but substitutions are accepted and encouraged.

Attendance per session is limited to the first 75.

**REGISTRATION FEES** (Please check appropriate session(s) you are attending):

	Non-SRHS Associates	SRHS Associates
<b>One Session: __ AM or __ PM</b>	<b>\$75.00</b>	<b>\$65.00</b>
<b>Two Sessions: __ AM &amp; PM</b>	<b>\$130.00</b>	<b>\$115.00</b>

\_\_ \$25.00 Additional fee for registration after February 28

**On-line Registration:** [www.spartanburgregional.com/ceeevents](http://www.spartanburgregional.com/ceeevents)

On-line registration is closed after February 28.

**Deadline for registration** is **February 28, 2019**. There is a **\$25.00** additional fee after the deadline.

**No confirmation** will be sent but you may contact Angie Cothran at 864 560 6282 or e-mail at [ascothran@srhs.com](mailto:ascothran@srhs.com) to confirm your registration. SRHS reserves the right to cancel this workshop if necessary. If we cancel, full registration fee will be refunded.

**ADA**

SRHS is committed in complying fully with the Americans with Disabilities Act. For special needs, please call (864) 560-6282 by February 28. For additional comfort, please bring a sweater or a jacket.

**ADDITIONAL INFORMATION**

Registration: Angie Cothran @ (864) 560-6282 or [ascothran@srhs.com](mailto:ascothran@srhs.com)  
Program/Contents: Nelda M. Hope, [nhope@srhs.com](mailto:nhope@srhs.com)

**AGENDA & OBJECTIVES (in r/t Pharmacy Technicians) – Subject to change**

**AM Session**

7:30	Registration, Coffee
7:55	Welcome, Introduction
	At the completion of this activity, the participant will be able to:
8:00	<p><b>Medication Error Reporting</b>  <b>ACPE UAN 0062-9999-19-038-L05-T, 0.1 CEUs</b></p> <ul style="list-style-type: none"> <li>• Discuss the importance of reporting medication errors</li> <li>• List the most common types of medication errors</li> <li>• Identify strategies to minimize the most common medication errors made by pharmacy technicians</li> </ul>
9:00	<p><b>Pain and Controlled Substances</b>  <b>ACPE UAN 0062-9999-19-039-L03-T, 0.1 CEUs</b></p> <ul style="list-style-type: none"> <li>• Outline goals for acute and chronic pain management</li> <li>• Discuss therapy options for treating pain, including opioids, non-opioid medications and adjuvant therapies and associated legal requirements for use</li> <li>• Discuss appropriate storage, disposal and overdose risk prevention with opioids</li> </ul>
10:00	<b>Break (refreshments provided)</b>
10:15	<p><b>Oral Health</b>  <b>ACPE UAN 0062-9999-19-040-L01-T, 0.1 CEUs</b></p> <ul style="list-style-type: none"> <li>• Describe the importance of oral care, including preventative oral hygiene</li> <li>• Compare and contrast available OTC products for oral care and preventative oral hygiene</li> <li>• Identify red flags in oral health that warrant referral to a dental professional</li> </ul>
11:15	<p><b>Essential Nutrients and Vitamins</b>  <b>ACPE UAN 0062-9999-19-041-L01-T, 0.1 CEUs</b></p> <ul style="list-style-type: none"> <li>• List common nutritional deficiencies and products commonly used to treat</li> <li>• Identify product composition, including supplemental fact labeling and associated terminology</li> <li>• Discuss resources available to find information regarding nutrients, vitamins and herbal products</li> </ul>
12:15	Wrap-up, Program Evaluation
12:30	Adjourn

**PRESENTER**

**Kristy L. Brittain, PharmD, BCPS, CDE**

Dr. Brittain earned her Doctor of Pharmacy from Wilkes University, Pennsylvania and completed post graduate year at Campbell University and Kerr Drug, NC. She is a member of numerous state and national pharmacy organizations and has held several leadership positions. She is board-certified in Pharmacotherapy (BCPS) and is a Certified Diabetes Educator (CDE).

*The speaker and the planning committee have disclosed that they do not have relevant financial relationships with commercial interests and do not anticipate discussing unlabeled uses of any commercial or investigational products.*

**AGENDA & OBJECTIVES (in r/t Pharmacy Technicians) – Subject to change**

**PM Session**

1:00pm	Registration, Drinks
1:25	Welcome, Introduction
	At the completion of this activity, the participant will be able to:
1:30	<p><b>Medication Safety in Community Pharmacy</b>  <b>ACPE UAN 0062-9999-19-042-L05-T, 0.1 CEUs</b></p> <ul style="list-style-type: none"> <li>• Identify opportunities for reducing patient harm with prescribing, storing, preparing, dispensing and administering medications</li> <li>• Utilize available tools to complete a medication safety self-assessment for community/ambulatory pharmacy or other practice setting</li> </ul>
2:30	<p><b>The Opioid Crisis</b>  <b>ACPE UAN 0062-9999-19-043-L03-T, 0.1 CEUs</b></p> <ul style="list-style-type: none"> <li>• Describe the opioid epidemic in the United States and specifically within South Carolina</li> <li>• Identify methods to reduce opioid use among specific populations</li> <li>• Educate the public and health care community on efforts to assist in the opioid epidemic</li> </ul>
3:30	<b>Break – refreshments provided</b>
3:45	<p><b>Insomnia &amp; Sleep</b>  <b>ACPE UAN 0062-9999-19-044-L01-T, 0.1 CEUs</b></p> <ul style="list-style-type: none"> <li>• Describe appropriate non-pharmacologic treatments for insomnia</li> <li>• Compare and contrast available OTC treatment options for insomnia</li> <li>• Discuss safety issues with OTC insomnia products</li> </ul>
4:45	<p><b>Immunization Update</b>  <b>ACPE UAN 0062-9999-19-045-L06-T, 0.1 CEUs</b></p> <ul style="list-style-type: none"> <li>• Discuss the collective role of health care professionals in immunization practices</li> <li>• Summarize recent changes to ACIP and CDC recommendations for adults</li> <li>• Obtain patient-specific information to identify vaccine needs or contraindications</li> </ul>
5:45	Wrap-up, Program Evaluation
6:00	Adjourn

**ACCREDITATION STATEMENT**



The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program is accredited for a maximum of **8 live contact hours (0.8 CEUs)** for pharmacy technicians. To claim credit, participants must sign-in at registration at the beginning of the day and attend each activity in its entirety. No partial credit for partial attendance at activities will be issued. Participants must complete online evaluations for each activity within 30 days (providing their correct NABP e-profile number and day/month of birth) in order to have credit reported to the NABP CPE Monitor. All credit must be claimed and reported within 60 days. *This is a knowledge-based program.*



**Conference for Pharmacy technicians  
 March 7, 2019**

**On-line Registration for**

**Continuing Education Programs**

***As of January 2, 2019, all SRHS Corporate Education Programs will only offer On-line Registration.***

**Right click on the website then click on  
 Healthcare Continuing Education:**

**[www.spartanburgregional.com/CEEvents](http://www.spartanburgregional.com/CEEvents)**

***Our website will allow you to register for any CE program that has been posted.***

***For any questions, please contact Angie Cothran at (864) 560-6282 or [ascothran@srhs.com](mailto:ascothran@srhs.com).***

***As always, we thank you and appreciate your business.***

**Spartanburg Regional Healthcare System  
 Corporate Education**

**PO Box 4848, Spartanburg, SC 29305  
 (864) 560-6282**

**[www.spartanburgregional.com/CEEvents](http://www.spartanburgregional.com/CEEvents)**

**The online registration for March 7 Conference for Pharmacy Technicians CLOSSES after February 28, 2019.**