A REW FRORTER

South Carolina ADCES presents the 34th Annual Diabetes Management Conference Thursday, November 3rd, 2022 Marriott in Greenville

Diabetes: A New Frontier

Presented by The South Carolina Coordinating Body and the Upper Piedmont Association of Diabetes Care and Education Specialists together with Spartanburg Regional Healthcare System Corporate Education

Thursday, November 3, 2022 7:50 am – 7:00 pm Program begins promptly at 8:00am

Marriott Hotel, 1 Parkway East, Greenville, SC 29615

Registration Fee: \$110 \$90 for the first 50 registrants

Online Registration:

https://www.eventbrite.com/e/35t h-annual-diabetes-managementconference-diabetes-the-newfrontier-tickets-415920819367

Deadline to Register: Oct. 24th

Target Audience: Nurses, Nurse Practitioners, Pharmacists, Registered Dietitians and other interested Healthcare Professionals

Program Description: This one-day program will present diverse topics in relation to diabetes management and diabetes across the continuum of life. The topics to be discussed: Type 2 Diabetes, Obesity & Diabetes, Nutrition with Kidney Disease & Dialysis, National Standards for Diabetes Self-Management, Technology Review, and Beyond T1 or T2 Diabetes. The goal of this program is to provide healthcare providers the knowledge and tools to assist them in providing quality care related to diabetes management. There will be opportunities for networking and visiting with exhibitors.

The presenters and planning committee have disclosed no conflict of interest.

AGENDA

7:00 am Registration, Coffee, Exhibits

7:50 am Welcome, Introduction

8:00 am Management of Type 2 Diabetes in 2022: An Individualized Approach

Donnie Nuzum, PharmD, BCACP, BC-ADM, CDCES (Associate Professor, Wingate

University School of Pharmacy)

10:00 am Break, Networking, Exhibits

10:30 am Obesity & Diabetes

Katherine Johnson, MD (Physician, Self Regional Healthcare

11:15 am Navigating Nutrition with Kidney Disease & Dialysis

Adele Curtis, MS, LDN (Home Program Manager, Davita Kidney Care)

12:00 pm Lunch, Networking, Exhibits

1:00 pm Research to Practice: The 2022 Revision of the National Standards for Diabetes

Self-Management Education and Support

Michelle Stancil, MS, BSN, RN, CDCES (Diabetes Management Manager, Prisma Health) & Tiffaney Threatt, PharmD, FADCES, CDCES, BC-ADM (Associate Professor,

Presbyterian College School of Pharmacy)

2:30 pm Break

2:45 pm Diabetes Technology Review

Erica Moore, MHS, RDN, CDCES, BC-ADM (Diabetes Education Manager, Medical

Group of the Carolinas)

3:45 pm Break

4:00 pm Beyond T1 or T2 Diabetes: How to Recognize and Manage Other Types of Diabetes

Lisa Meade, PharmD, CDCES (Professor, Wingate University School of Pharmacy)

4:45 pm Wrap-up/Program Evaluation

5:00 pm Adjourn

LEARNING OBJECTIVES

By the end of the activity, 90% of the participant will be able to:

- apply the current evidence-based recommendations for individualizing pharmacologic management of diabetes.
- define the relationship between obesity and diabetes and recognize the impact and role of pharmacologic therapy.
- recall the recommendations for diet and nutrition in managing chronic kidney disease progression.
- describe the revised national standards for Diabetes Self-management Education and Support.
- discuss the available technology-based products for monitoring and managing diabetes; and
- recognize diabetes types other than type 1 and type 2 and understand the treatment recommendations.

SESSION LEARNING OBJECTIVES

I. Management of Type 2 Diabetes in 2022: An Individualized Approach

ACPE UAN 0062-9999-22-165-L01-P, CPE Hours 2.0, Application-based

- Review current therapies with a focus on new medications and indications
- 2. Review current medications and algorithms for management of diabetes
- 3. Summarize the results of CVOT trials in diabetes
- Review the clinical trial data that prompts new indications for diabetes medications
- 5. Apply medication, guideline, and clinical trial data to select patient cases

II. Obesity & Diabetes

ACPE UAN 0062-9999-22-166-L01-P, CPE Hours 0.75, Knowledge-based

- Discuss the concurrent epidemiology of obesity and diabetes
- 2. Review the roles and limitations of lifestyle interventions for treatment of diabetes and obesity
- Identify the role of de-escalation and minimization of weight positive medication in diabetes management
- 4. Explain anti-obesity medication's role in the treatment of obesity and diabetes

III. Nutrition in Patients with Kidney Disease

ACPE UAN 0062-9999-22-167-L01-P, CPE Hours 0.75, Knowledge-based

- 1. Summarize recent updates to the management of chronic kidney disease
- Explain important concepts of nutritional management of people on dialysis
- Provide health care professionals with tips for guiding patients on dialysis through managing their diet

IV. Research to Practice: The 2022 Revision of the National Standards for Diabetes Self-Management Education and Support

ACPE UAN 0062-9999-22-168-L01-P, CPE Hours 1.5, Application-based

- Define the purpose of the National Standards for Diabetes Self-management Education and Support
- 2. Summarize the revised standards
- Compare and discuss the differences between the 2017 standards and the 2022 revision

V. Diabetes Technology Review

ACPE UAN 0062-9999-22-169-L01-P, CPE Hours 1.0, Knowledge-based

- 1. Describe current insulin pumps available for patients
- 2. Describe current continuous glucose monitoring systems
- 3. Describe other technology-based products for people with diabetes
- 4. Discuss products that may be approved for patient use in the future

VI. Beyond T1 or T2 Diabetes: How to Recognize and Manage Other Types of Diabetes

ACPE UAN 0062-9999-22-170-L01-P, CPE Hours 0.75, Knowledge-based

- 1. Identify different types of diabetes
- Review treatment recommendations for these types of diabetes
- 3. Discuss patient cases and challenges

Additional Program Information will be sent to registrants 3 days before the program date to include directions to the location, handouts and PDF-formatted power point slides for some speakers' presentations and others.

CONTINUING EDUCATION CREDIT

You must attend 90% of each of the educational sessions to receive CE credit.

NURSES: This educational activity has been awarded 7.0 contact hours. SRHS Corporate Education is an approved provider of nursing professional development by the South Carolina Nurse Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

RDs: Can avail the approved nursing CE credit hours.

PHARMACISTS: The University of South Carolina College of Pharmacy (UofSC COP) is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Please see individual activity listings above for specific information about CEU designations, learning objectives and activity types.



To have credit reported to the NABP CPE Monitor, participants are required to sign in, attend the activity in its entirety (partial credit for attendance at select sessions will not be awarded), participate in all active learning and learning assessments, and follow the instructions provided to all registrants to complete an online evaluation within 30 days of the event (any credit claimed greater than 60 days from the date of the event will be rejected by the NABP CPE Monitor). ACPE CE Instructions will be provided at the end of the program.

LONG-TERM CARE ADMINISTRATORS: The program has been approved for <u>7.0</u> of continuing education by the South Carolina Board of Long-Term Health Care Administrators.

Approval Code #2021031

OTHERS: This program provides <u>7.0</u> hours of continuing education.

<u>INSTRUCTIONS</u> to complete the <u>On-line Program Evaluation</u> and to obtain the <u>CE Certificate</u> will be provided at the end of the program. <u>No partial credit will be awarded.</u>

<u>ADA</u>: If you need any of the auxiliary aids or services identified in the ADA to participate in this program, please contact Nelda M. Hope at nhope@srhs.com
by October 24.

For extra comfort, bring a jacket or sweater.

QUESTIONS?

Contact Nelda M. Hope, BSN, RN at

nhope@srhs.com



